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MESSAGE FROM THE CHAIR

Dr. James Paul

What a year we have been through! Last year around this time, we had published our annual Department Newsletter as the “COVID Edition”. Little did we know that even greater challenges with COVID lay ahead! As the winter months

approached, we went through a rocky “second wave” escalation of COVID cases that resulted in lockdown in December 2020. Despite ongoing cases, the lockdown restrictions were eased in February 2021 and with the variants of concern quickly escalating, we saw ourselves back into the tsunami of the “third wave” in March 2021 that strained our healthcare and hospital resources to the very brink. There is now some hope on the horizon as we move out of the third wave with rising vaccination rates and declining COVID cases.

And through it all, the Department of Anesthesia has remained integral to the battle against COVID. The dedication, courage and resilience that our Department has shown in the face of these extreme circumstances has been truly inspiring. Despite all of the challenges we faced this year, members of the Department have made major contributions and achievements. I have always said that our people are the strength of our Department and this past year has certainly proven that! I extend to all of you my gratitude and congratulations for the way you have all pulled together!



MESSAGE FROM THE ASSOCIATE CHAIR OF EDUCATION

Dr. Anne Wong

This “Congratulations Edition” of the Department of Anesthesia Newsletter acknowledges the unprecedented challenges that we have been facing during the pandemic and celebrates the incredible courage and resilience with which the department prevailed. It has been a year of major changes, of remarkable achievements and milestones, of endings and new beginnings. With the end of the academic year and the dawn of a new one, we wish the best on their journey for our graduated medical students, residents and fellows and welcome our incoming learners, clinical scholars and new faculty!

So much has happened over this past year that we had to introduce a new online newsletter format to accommodate all the news. If we perchance left out something, please let us know and we can easily add it in! Special thanks go to Sarah Richardson and Taylor Torreon who worked tirelessly to put together this special edition. Many thanks also go to our contributors, Michele Drake, Tammy Purchase, Candice Stroud and Mike Mikhaeil! Happy reading!



THANKS TO DR. DANIEL CORDOVANI

Thanks go to **Dr. Daniel Cordovani** for his dedication and contributions to the Anesthesia Undergraduate Rotation as the Undergraduate Program Director from July 2014- January 2021. During his tenure, Dr. Cordovani has initiated major innovations to the two week clerkship rotation that include: an extensive revision of the academic curriculum into an online format and evaluation process, developing the "Essential Clinical Encounters" learning guide, advancing public education of the profession through editorial publications of medical students' essays about anesthesia in Hamilton Spectator, and mentoring medical students and residents in scholarly projects that resulted in conference presentations and publications.

Dr. Cordovani worked tirelessly to ensure that the two week core rotation is an excellent learning experience through constant feedback and ongoing adjustments to enable students to succeed. He personally taught many academic anesthesia sessions as well as facilitated the online clerkship curriculum during the start of the pandemic. He is particularly gifted in his ability to bring out the best in his students. With his support, medical students launched the successful publication of the "Anesthesia Pocket Guide" and the "Airwayve Podcast". In recognition of his excellence in teaching, Dr Cordovani received the Anesthesia Clinical Teaching Award in 2016 and subsequently for four consecutive years between 2018-2021 for a total of 5 awards! We send him our thanks and appreciation for all of his outstanding contributions to the Department of Anesthesia!

-Michele Drake, Anesthesia Undergraduate Program Coordinator



Dr. Daniel Cordovani
Anesthesia Undergraduate
Program Director 2014-2021

NEW UNDERGRADUATE PROGRAM DIRECTOR, DR. MOHAMED NASSEF



Dr. Mohamed Nassef,
Undergraduate Program Director

Congratulations to Dr. Mohamed Nassef who became the Program Director of the Anesthesia Undergraduate Program in January 2021! In addition to his anesthesia training, Dr. Nassef has completed specialty fellowship training in pediatric anesthesia and advanced clinical practice anesthesia and is currently enrolled in the Royal College Clinician Educator Diploma

Program. Dr. Nassef has taken on his new role during a particularly challenging time of the pandemic. He has had to juggle the competing demands of providing an active learning environment for medical students while also maintaining learner and patient safety in restricted clinical settings. With his fresh outlook and drive, Dr. Nassef has worked hard to ensure a seamless and positive learning experience. This has included adding extra talks and learning opportunities and ensuring that the lines of communication are kept open with all faculty, students, residents and the Program Coordinator in order to help everyone to be on the "same page". His commitment for the students and undergraduate program are appreciated and we look forward to his ongoing work and contributions!

-Michele Drake

MEDICAL STUDENT UPDATES & NEWS



- What we Can Learn from Chronic Pain Narratives –
- Opinion Hamilton Spectator, **Jenny Zhu**, McMaster Medical Student
- Prevalence and intensity of persistent post-surgical pain following breast cancer surgery: a systematic review and meta analysis of observational studies – **L. Wang**
- **Michael Mallender** – McMaster Medical Student - <https://www.thespec.com/opinion/contributors/2020/10/08/prerehabilitation-a-new-path-to-surgical-recovery.html?rf>
- The Cockpit and the Operating Room – McMaster Medical Student – **James Zhou**
- Anesthesiologists' involvement in undergraduate medical education is beneficial to students and the specialty – McMaster Medical Student – **Tasnim Zaman**
- Survey results from The Anesthesia Clerkship Pocket Guide for Medical Students – promoting free open medical education resources in anesthesia - **Grace M. Xu**

THANKS TO DR. LINDA KORZ!

The Department of Anesthesia thanks Dr. Linda Korz for her outstanding contributions as the Director of Simulation between 2016 to 2021.

Following her vision, Dr. Korz has developed a rigorous simulation training program that has supported the training of medical students, residents, faculty and staff. Under her leadership and with the help of a highly trained department faculty of simulation instructors, she has organized

numerous resident training sessions for Canadian National Simulation Curriculum (CanNASC) scenarios, McMaster Anesthesia Residents' Simulation-Based Education (MARS-BE) program and simulation-based trouble rounds, among others. Dr Korz also worked to develop and teach faculty development workshops, as well as in-situ simulations, particularly in the context of developing COVID pandemic anesthetic care protocols. Scholarly accomplishments include QI projects with CanNASC, CSBL grant for faculty interprofessional sessions, and mentorship of Dr. Anne Scheidecker (past chronic pain fellow) for the development of a simulation-based chronic pain curriculum. The latter project led to a CAS poster presentation and publication in 2021 in the Medical Science Educator. Thanks to her hard work and dedication, Dr. Korz has developed a robust and dynamic simulation program that the department takes pride in!



Dr. Linda Korz,
Director of Simulation 2016-2021



NEW DEPARTMENT OF ANESTHESIA DIRECTOR OF SIMULATION



Dr. Joel Hamstra,
Simulation Director

Dr. Joel Hamstra is an associate clinical professor with over 13 years experience in simulation-based education. He completed simulation training at the Mayo Clinic and the Scottish Simulation Centre and has taught numerous simulation sessions as a certified CanNASC simulation instructor. He is the recipient of the CAS John Bradley Young Educator Award in 2016. He is also the department lead for

international anesthesia education in Guyana, board member of the Canadian Anesthesiologist Society International Foundation (CASIEF) and founding member of the CASIEF Guyana program. We look forward to the new directions he will be taking the Simulation Program!



EXCITING NEWS! NEW ANESTHESIA FELLOWSHIPS

We are extremely excited to announce the approval of four new Fellowships in the Department of Anesthesia:

- *Neuro Anesthesia Fellowship*
 - **PD: Dr. Jennifer Nelli**
- *Regional Anesthesia and Perioperative Pain Management*
 - **PD: Dr. Aya Elsharty**
- *Simulation and Crisis Management*
 - **PD: Dr. Vandana Vaishnav**
- *Combined Palliative Care Pilot Project*
 - **Drs. James Paul & Anne Woods**
 - Fellow - **Dr. Kathleen Wheeler**

The application deadline for the academic year of 2022-2023 is **September 30, 2021** with an anticipated start date of July 2022.



PAIN MEDICINE UPDATES & NEWS

THANKS TO DR. PHIL CHAN

**Dr. Phil Chan, Inaugural Program Director,
Pain Medicine Residency Program
2015-2021**

It's the end of an era!!! Dr. Phil Chan is stepping down as Program Director of the Pain Medicine Residency Program.

It seems like just yesterday we were putting our heads together to create the Pain Residency Program at McMaster University. With his vision and passion, Dr. Chan has built the program from the ground up, led the way, engaging great talented faculty and expertise to make the Pain Medicine Residency Program what it is today - one of the best in the country! In addition to creating a strong academic and clinical curriculum, he initiated a quarterly journal club, started a resident clinic for the PGY7 and converted the academic day sessions to PBL format to better prepare residents for the Royal College examinations.

Thank you, Phil, for your great leadership, your vision and constant dedication. In the 6 years we have worked together, you have always made himself available and worked tirelessly to deliver an excellent program to our residents. You will be missed at the helm and it's been such a pleasure working with you!

- Tammy Purchase, Postgraduate Pain Medicine Residency & Clinical Fellowship Coordinator



Dr. Sean Curran

**New Pain Medicine Residency Program Director
July 1, 2021**

What an exciting time this is. As Dr. Phil Chan steps down, Dr. Sean Curran steps in. Dr. Curran has been the Chronic Pain Fellowship

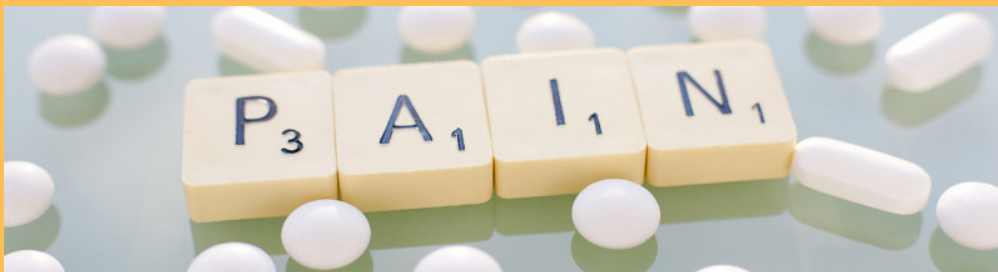
Director since 2016. He brings with him much knowledge in the world of Pain and is already very much involved in the CBD process. Given his abundant experience and expertise, this will be a seamless transition for Sean in his new role as Program Director. You will lead us well!!! Welcome to the role of Pain Residency Program Director. We can't wait to work with you!



Dr. Binh Khong

**New Chronic Pain Fellowship Director
July 1, 2021**

It is our extreme pleasure to announce that Dr. Binh Khong will become the new Chronic Pain Fellowship Director effective July 1, 2021. Dr. Khong has been the MUMC Site Coordinator for the Pain Medicine Coordinator for the Pain Medicine Residency Program since inception. Binh brings a wealth of knowledge to the Chronic Pain Fellowship position. We are so fortunate to have Binh bring his expertise to this role and look forward to working with him!



PAIN MEDICINE RESIDENCY PROGRAM GRADUATE

Akil Siva



PAIN MEDICINE RESIDENCY PROGRAM INCOMING TRAINEES

Rami Kamel

FELLOWS:

- **Khalid Aljonaieh** - Pediatric Anesthesia
- **David Parsons** - Cardiac Anesthesia
- **Rodrigo Da Silva** - Obstetric Anesthesia
- **Kathleen Wheeler** - Palliative Care
- **Amer Alkinani** - QI/PS
- **Ardeshir Algooneh** - QI/PS

DEPARTMENT OF ANESTHESIA FACULTY AWARDS & PROMOTIONS

FACULTY APPOINTMENTS



- **Dr. Rob Whyte** - *Vice-Dean Education, Faculty of Health Sciences*
- **Dr. Desi Reddy** – Nominated and accepted to the *Pediatric Committee of the WFSA*
- **Dr. Basem Eldeyasty** - inaugural *Director Anesthesia Clinical Fellowship Program*
- **Dr. Norm Buckley** - *Director of the Michael G. DeGroot Institute for Pain Research and Care through June 2025 as appointed by McMaster's Board of Governors*
- **Dr. Jason Busse** – *Associate Chair, Research, Department of Anesthesia*
- **Dr. Harsha Shanthanna** – *American Society of Regional Anesthesia and Pain Medicine (ASRA) Member-at-Large Appointments – Guidelines and Regulatory Advocacy Committee and Member-at-Large on the ASRA Newsletter Committee*



- **Dr. Lehana Thabane** – Inducted as *Fellow of Canadian Academic of Health Sciences* and appointed *Vice President at SJHH and Scientific Director Research Institute SJHH*

FACULTY AWARDS

- **Dr. Etka Khemani** – 2020 George Bibawi Award for Excellence in Teaching
- **Dr. Daniel Cordovani** - 2020 and 2021 Anesthesia Clinical Teaching Award
- **Dr. Jessica Spence** – CAS Career Scientist Award and the 2021 IARS Mentored Research Award - "*Genetic Risk Prediction of New Atrial Fibrillation After Cardiac Surgery*"
- **Dr. Russell Brown & Dr. Ioana Cozma, CIP/PGY1**- the CAS Research Award in memory of Dr. Adrienne Cheng for 2021 - "*Investigating Novel Serum Biomarkers of Malignant Hyperthermia*"



Media

- **Dr. Saroo Sharda** was featured in *eDialogue*, CPSO's quarterly digital magazine, mobile-friendly fully digital version of the long-running print magazine, which includes articles and Practice Profiles related to health regulation, policies, health trends and practice improvement. <https://dialogue.cpso.on.ca/2020/06/new-medical-advisor-achampion-of-collaboration/>
- The **Faculty Resources** website includes wellness and mentorship resources as well as link to peer mentor profiles - <https://anesthesia.mcmaster.ca/faculty-resources/faculty-adminresource>
- **Dr. Deepa Kattail** named one of top 10 pediatricians to follow on Twitter. Give her a follow! @DeepaKattail



New Faculty

- **Dr. Caitlin VanDeCappelle**, July 1, 2021
- **Dr. Fady Ebrahim**, July 1, 2020
- **Dr. Andrew Syrett**, August 1, 2020
- **Dr. Scott McCusker**, July 1, 2021
- **Dr. Bosco Law**, January 4, 2021
- **Dr. Jessica Spence**, January 4, 2021
- **Dr. Tyler Oswald**, July 2021
- **Dr. Anthony Valente**, July 2021

Promotions

- Associate Clinical Professor – **Dr. Joel Hamstra**, July 1, 2020
- Associate Clinical Professor – **Dr. Julie Lajoie**, July 1, 2020
- Associate Clinical Professor- **Dr. Ryan Smith**, July 1 2021
- Associate Clinical Professor- **Dr. Madi Ali**, July 1, 2021
- Associate Clinical Professor- **Dr. Nayer Youssef**, July 1, 2021



CONGRATULATIONS TO OUR FACULTY



Dr. Jason Busse,
Canada Research Chair in
Prevention & Management of
Chronic Pain

The Canada Research Chair is a prestigious honour created to promote Canada's world class research and development.

"The Canada Research Chairs program is vitally important to our research enterprise as it ensures we're able to recruit and retain world-class scholars and, more broadly, bolsters Canada's reputation as a global leader of research and innovation."

Congratulations to **Dr. Jason Busse**, associate professor, who is the new *Canada Research Chair in Prevention & Management of Chronic Pain (Tier 2)*. Busse's research focuses on the prevention and management of chronic pain, with particular attention on persistent post-surgical pain.



Dr. Jennifer Nash. Leadership
in Teaching & Learning
Fellowship Award

Congratulations to **Dr. Jennifer Nash** who is the recipient of the *Leadership in Teaching & Learning Fellowship* entitled "Measuring the impact of a new, required interdisciplinary course in level 1 of the BHSc (Honours) Program on readiness for interdisciplinary learning and skill set development" (June 2021). This \$15,000.00 award is given to applicants who demonstrate leadership, innovative practices, and commitment to enhancing the improvement of teaching and learning at McMaster University.



Dr. Fady Ebrahim,
Education Advisory Board

Congratulations to **Dr. Fady Ebrahim** who has been selected to be a faculty representative for the *Education Advisory Board* starting in June 2021. This is an important advisory committee to the Associate Dean, Postgraduate Medical Education, responsible for overseeing the process by which trainees in difficulty (identified by their program) and residency programs are assisted and supported in remediation and serving as a resource for postgraduate educational remediation.



**BRIGHTER
WORLD**



ANESTHESIA RESIDENCY PROGRAM UPDATES & NEWS

Each year the residency program holds a celebration for the graduating residents called Reach for the Top. This annual event has been held for decades. The earliest I can find is 1986 but I am sure that some of our faculty will remember it happening prior to that. The graduating residents is one part of the celebration but the part that everyone looks forward too is the Jeopardy style Reach for the Top game show. Residents vs. Consultants. This past year the Residents WON with a blow out over the Consultants where even Candice ended up with more points on the questions that no one could answer. Although this year has been tamer than past due to COVID and it being on line, you can usually look forward to Consultants arguing, some name calling and even a thrown rubber ducky a few years back. Always in good fun with both sides claiming victory and new gossips learned on our faculty and residents.

- Candice Stroud, Anesthesia Residency Program, PA

"Reach For The Top" Award Winners

Dr. Brijesh Arya Award

Janice Yu

Hisham Zokari Award

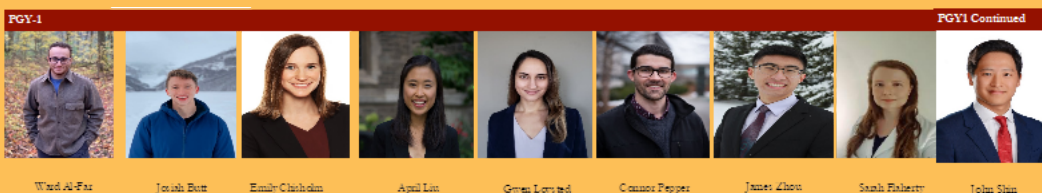
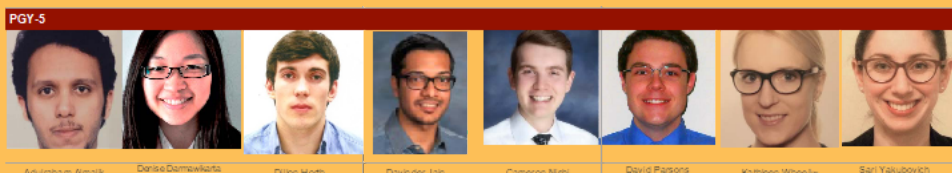
Dillon Horth

Dr. Laurence Chiu Award

Dr. Mike Zhu & Eli Adly

Dr. Vince Politi Award

Dr. Josh Peachey



ANESTHESIA RESIDENT AWARDS

- **Dillon Horth (PGY5)** is 2020 winner of Best Resident Award (HHS)
- **Cameron Nishi (PGY5)** is 2020 winner of Best Resident Award (SJH)
- **Iona Cozma (PGY1)** – awarded a one term 2020-2021 Ontario Graduate Fellowship for the 2021 Spring/Summer term. This award is funded by the Government of Ontario and the value of the one term fellowship is \$4000.
- **Gabriel Simchovich PGY2** – recipient of the 2021 Postgraduate Medical Education: Resident Mentor Award. This award recognizes a resident who has demonstrated outstanding advocacy for medical students and resident colleagues through individual mentorship and exemplary role-modelling of the CanMEDS roles.
- **Cameron Nishi PGY5** - 2021 Outstanding Resident Award in the Department of Anesthesia
- **Shannon Rodrigues** – recipient of the Dr. Fred Baxter Award for Excellence in Nephrology and Patient Care for the 2020/2021 academic year.



Anesthesia Research Day June, 2021

Research Day Winners

1ST

Dr. Sandy Bae and

Dr. Abdulrahman Alboog (Western)

- *The efficacy of perioperative pharmacological and regional pain interventions in adult spine surgery: a network meta-analysis and systematic review of randomized controlled trials*

2ND

Dr. Mark Czuzman - *Ultrasound-Guided Erector Spinae Plane Block versus Shoulder Periarticular injection for Pain Control after Arthroscopic Shoulder Surgery; a Randomized Control Trial*

3RD

Dr. Cameron Nishi and
Dr. Sari Yakubovich - *Multimodal Analgesia in Bariatric Surgery - TAP Block Analysis*

Congratulations Anesthesia Residency Program Graduates

Abdulrahman AlMalik
Cameron Nishi
Davin Jain
Denise Darmawikarta
Dillon Horth
Kathleen Wheeler
Sari Yakubovich

Welcome Incoming Trainees

Gwen Lovsted
Ward Al-Far
April Liu
James Zhou
Sarah Flaherty
Emily Chisholm
Connor Pepper
Josiah Butt
John Shin

FPAs
Mackenzie Chown
Boyd Badiuk

CRITICAL CARE MEDICINE RESIDENCY PROGRAM UPDATES & NEWS



Congratulations to Our 1st Cohort of CBME Graduates

Hameid Alenazy
Thiago Appoloni
Micheael Mikhaeil
Jeffrey Overington
Omair Rahman

MESSAGE FROM THE CCM CHIEF RESIDENT

The last 18 months have been challenging for everyone. When reflecting on the experience of training in critical care during the COVID-19 pandemic, the overarching theme of the first few months of the pandemic can be described as a general sense of anxiety. It seemed everyone was on edge all the time, as knowledge on how best to care for these patients and protect ourselves was changing every day. However, during the second and third waves of the pandemic, when Hamilton ICUs were saturated with COVID patients, this period became characterized by a general sense of burnout from the mental, physical, and emotional fatigue in caring for these patients day to day. These patients were intubated and sedated for weeks at a time, and despite prolonged care, many of them often don't survive. Seeing younger and healthier patients become critically ill with the newer variants worsened the emotional toll. I constantly had to remind myself that the patient and their family were experiencing a much worse day than I in order to help keep me going and guide my interactions with families.

What has been a constant inspiration for me, however, is how well the healthcare team has come together during these trying and uncertain times. We have found a way to quickly learn about this new disease, develop treatments and vaccine for it, navigate issues around it, and expand our capacity immensely to serve our patients. Our extracorporeal life support program has also been thrust forward to treat the waves of patients, resulting in an unprecedented learning opportunity. Our program leadership and administration have worked tirelessly to reschedule our cancelled electives and make this experience as tolerable as possible. When I think of all we have learned and accomplished, and the lessons I will take forward from having been trained in a pandemic, I feel an overwhelming sense of gratitude for what we've been through, and excitement for what is to come.

*Dr. Mike Mikhaeil, PGY6, Chief Resident (2020-2021),
Critical Care Medicine*



Welcome to Our Incoming CCM Trainees

Yazeed Abalkhail
Mohammad Althobity
Yasser Binbraik
Malik Farooqi
Alisha Greer
Arjun Sharma
Thomas Swan

CRITICAL CARE MEDICINE RESIDENCY PROGRAM UPDATES & NEWS



Dr. Faizan Amin
Teaching Faculty of the Year
2020/201



Dr. Sameer Sharif PGY6
Resident of the Year 2020/201

Faculty Accomplishments

**2020 CIHR-ICRH/CCCS Distinguished
Lecturer Award in Critical Care
Sciences**

Dr. Maureen Meade

**CIHR Sepsis Network Research Grant
(\$5.7 million)**

Dr. Alison Fox-Robichaud

**Government of Canada Prime
Minister COVID-19 Expert Panel**

Dr. Deborah Cook

**Lead Author of SSC COVID-19
Guidelines**

**PI Lead: COVI-Prone International RCT
(CIHR Grant)**

Dr. Waleed Alhazzani

**Led COVID specific recommendations
related to physiotherapy
management for COVID-19 adult
patients in hospitals**

Dr. Michelle Kho

**Rapid recommendation re: clinical
use of Remdesiver in COVID-19**

**Led WHO Recommendation re:
Remdesivir**

Dr. Bram Rochweg

**Local, provincial and international
leadership management in ethical
decision-making during COVID-19
Surge capacity management**

Dr. Simon Oczkowski

**Co-PI on CIHR Grant for Rehabilitation
post-ICU discharge**

Dr. Rebecca Krusselbrink

CCM Fellow Research Grants & Awards

Dr. Laiya Carayannopoulos

Diagnostic accuracy of an ECHO
measured LV outflow track VTI
assessment compared to PAC-derived
stroke volume

Dr. Natasha Ovtcharenko

Retrospective Chart Review assessing
characteristics and long term outcomes
of patients with persistent
critical illness and prolonged LOS

Dr. Thiago Appoloni-Moreira PGY6

Recipient of the Karen and Fraser
Endowment Fund for Postgraduate
Medical Specialties

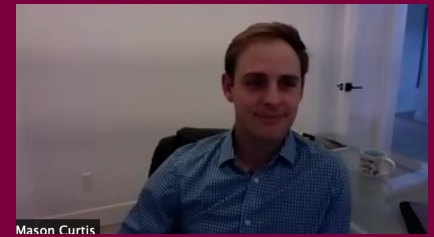


Master's Completion

Dr. Thiago Appoloni-Moreira PGY6

Masters in Sciences – Health Research
Education – Innovative approach to
flipped-classroom teaching in
Critical Care Medicine

CCM Research Day Winners



Mason Curtis

1st Place

R. Mason Curtis - Western

"Retrievable Inferior Vena Cava Filter
for Primary Prophylaxis of Pulmonary
Embolism in at-risk Trauma patients; a
feasibility trial"



Dr.K

2nd Place

Kumait Al Lawati - McMaster

"Efficacy and Safety of Tranexamic
Acid in Acute Traumatic Brain Injury:
A Systematic Review and Meta-Analysis
of Randomized Controlled Trials"



Magdalene Lugowski

3rd Place

Magda Lugowski - Western

"The Improving HandOver Quality
(IHOQ) Project"



Honourable Mention

Mike Mikhaeil - McMaster

"Driving pPressure in assisted Ventilation
as a predictor for Successful liberation
from invasive mechanical vEntilation
(DRIVE-SAFE) Feasibility Study"

OBITUARIES

It is with great sadness that we report that our dear friend and colleague, **Dr. Yannick Le Manach**, passed away on July 13, 2020 at the Toronto General Hospital, at the age of 45 years. Yannick is survived by his beloved wife Stephanie Bouvier; his three precious daughters, Maëlle, Enora, and Rozenn; his parents, Raymond and Pierre Le Manach; and his sister Anne Laure Le Manach. Yannick was born in Paris, France. He did his training in both Anesthesiology and Critical Care at the University of Paris where he also earned an MSc in Cardiac Physiology and a PhD in Biostatistics.

In addition, Yannick completed a post-doctoral fellowship at Oxford University in England. Immigrating to Hamilton in 2012, he joined the Department of Anesthesia as well as the Department of Health Research Methods, Evidence and Impact. His clinical interest was in Cardiac Anesthesia and his research focus was on research methodology, perioperative medicine and hemodynamic monitoring and management. Yannick published over 120 peer-reviewed articles in high impact journals including NEJM, Lancet and JAMA which spoke to both his individual drive as well as his highly collaborative nature. He engaged in collaborations with over 200 other researchers, fellows, and students from more than 10 countries, resulting in over \$10 million in grants since 2012. Yannick was also on the editorial board for several journals.

Yannick was a passionate clinical teacher and always made the effort to include his learner as part of the team for the day. He offered a unique perspective which focused on pathophysiology, pharmacology and evidence-based medicine. The surgeons and nurses assigned to Yannick's list for the day arrived at work knowing they would have a good day and that their mutual patients would do very well.

Despite his many professional accomplishments, his deepest passion was for his family. He was a loving husband to Stephanie and a devoted father to his three girls of whom he was immensely proud. He had many interests and hobbies that reflected his intense thirst for knowledge, his athletic ability and his aptitude for technical things.

More than his prodigious gifts, it is Yannick himself, as a person, that we shall miss the most: the vigorous way he would enter the lounge at the Hamilton General Hospital, with his rod-straight posture, ever so slightly Kramer-esque; the conspiratorial smile that started with his eyes and culminated in a laugh and shrugged shoulder; the way you had to really pay attention when speaking with him, and how he always made that effort more than worth it.

"Yannick has left his mark on our Department and our profession, and we are richer for it." – **Dr. James Paul**

It is with sadness that we note the passing of **Dr. Harry Andry** on July 13, 2020. He trained in Montreal, and worked his entire career in anesthesia at SJHH before retiring around 1995. He was a giant of a man in every way. A large physical presence, but a heart of gold, filled with kindness and compassion. A person who could participate in a Varsity wrestling team and a hospital pastoral care team all in one lifetime. He was a quietly religious person who served the parish whenever he could. His Catholic faith was a source of great strength and morality for him. So much so that he was entrusted with the department finances at a time when it operated out of a shoebox in his locker, but his integrity was beyond question. "He was one of the building blocks of the group we still enjoy today, with collegiality, respect, truth and trust as fundamental principles which continue to serve us well. You may not know him but I assure you are walking in big, big footsteps. I'll miss him." - **Dr. Jim McChesney**

It is with sadness that we note the passing of **Dr. Pauline Dyckhoff** on Sept. 23, 2020 at Creek Way Village, Burlington, in her 92nd year. Pauline is survived by her brother Michael (Valerie) and nephews Ed and Benjamin, all in England. Pauline left her family in England and came to Canada to study medicine in Montreal. She relocated to Ontario, where she had a very successful career. Pauline was an anesthetist at St. Joseph's Hospital for many years until her retirement at age 70. She was the first female anesthetist at St. Joe's and was a pioneer in her day. She was an active lady and most enjoyed skiing (both snow and water) and her time at Bigwin Island. Pauline had many long time friends and loved a good party.

We wish to express our deepest condolences to **Dr. Andre Gagarine** and his family on the loss of **Regina Gagarine** on May 17, 2021. Beloved wife of Andre and mother to their children Maria, Mark and Sasha, she will also be missed by her mother, Renate, her five siblings, as well as her many friends and her church family. She was a nurse in Hamilton for over 30 years, dedicating her life to caring for others, especially as a Director of Care in several nursing homes.



Dr. Yannick LeManach
Oct. 16, 1974 - July 13, 2020

WELLNESS RETREAT

On Saturday June 19, 2021 **Drs. Bruno Borges and Anne Wong** facilitated an interactive online wellness retreat for department faculty and administration members. The retreat was an opportunity to invigorate a sense of connectedness with each other and re-energize mind, body, and spirit through a series of experiential activities. The day's objectives were met with the expert insights of guest speaker, **Dr. Randi McCabe**, professor and clinical psychologist in the Department of Psychiatry and Behavioural Neurosciences. She discussed stress during COVID and offered practical strategies for stress mitigation and building resilience. The presentation provided much food for thought and discussion. The rest of the retreat was an opportunity for attendees to engage in a series of wellness and stress-relieving activities. These started with "warming and awakening the body" using Qigong exercises, "moving the body" with groove music and dance, then "honouring and releasing the inner warrior". The retreat concluded with a peaceful meditation to calm the mind and cultivate gratitude and compassion. Despite being online, we managed to connect with each other, learn some new wellness strategies, energize our bodies, balance our minds and have lots of fun!

Co-Facilitators: **Dr. Anne Wong and Dr. Bruno Borges**

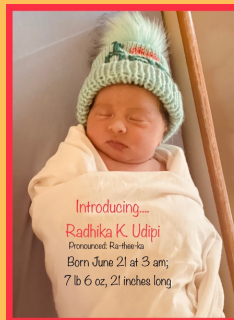


50th Anniversary of the Department of Anesthesia!

We will be reaching out to residents, faculty and alumni for contact information. Please follow @MacAnesthesia on Twitter and keep an eye on email messages.



Baby News



Congratulations to **Dr. Deepa Kattail**, her husband Sameer and son Arjun on the birth of their daughter and sister Radhika K. Udipi!

Radhika was born on June 21, 2021 weighing 7 lb 6 Oz.

Mom and baby are doing great.



Contributors

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