

Regional Anesthesia Goals & Objectives of Training

- The one-year fellowship program is intended to prepare candidates to practice independently as experts in the field.
- Upon successful completion of the program, fellows must display competence in perioperative pain management and provide regional anesthesia for different upper limbs, lower limbs & abdominal procedures with proficiency.
- Upon successful completion of the program, fellows must exhibit the following goals according to the Royal College of Physicians and Surgeons of Canada

CanMEDS Competencies:	Medical Expert	Communicator	Collaborator
<p>The fellow must exhibit sound knowledge, skills and attitudes that lead to optimal health and healthcare outcomes.</p>	<ul style="list-style-type: none"> • Demonstrate knowledge for effective patient care • Demonstrate technical competence in operative procedures • Demonstrate effective consultation services with respect to patient care, education, and legal opinions 	<ul style="list-style-type: none"> • Establish an effective relationship with patients and families • Obtain and synthesize relevant history from patients and families • Listen effectively • Discuss appropriate information with patients and families and other members of the healthcare team • Age-appropriate involvement of children in anesthetic care 	<ul style="list-style-type: none"> • Consult with other physicians and health care professionals as appropriate • Contribute effectively to multidisciplinary team discussion and plan to execution
Manager	Health Advocate	Scholar	Professional
<ul style="list-style-type: none"> • Display managerial skills and guidance where appropriate • Optimize work-life balance • Allocate finite health care resources wisely • Work efficiently within a health care organization • Utilization of information technology to optimize patient care and lifelong learning 	<ul style="list-style-type: none"> • Promote the safety profile of regional anesthesia at the public level • Identify the important determinants of health affecting patients • Contribute effectively to improved health of patients and communities • Recognize and respond to those issues where advocacy is appropriate 	<ul style="list-style-type: none"> • Develop, implement, and document a personal education strategy • Critically appraise sources of medical information • Facilitate learning of patients, students, and other health professional • Contribute to the development of new knowledge 	<ul style="list-style-type: none"> • Deliver highest quality care with integrity, honesty, and compassion • Exhibit appropriate personal and interpersonal professional behaviors • Practice medicine ethically consistent with the obligations of a physician • Be oriented to by-laws and regulation of national medical practice

Weekly assignment schedule split (unevenly) into the below. This is subject to change at the discretion of the Fellowship Director.

1. **Subspecialty days** [2 - 3 days] in regional anesthesia. Fellows are assigned one-to-one with regional anesthesia staff.
2. **Service days** [2 days] in the operating room performing adult non-regional anesthesia lists. Fellows are assigned to an OR list and operate independently while being covered by anesthesia staff operating in another adjacent OR
3. **Non-clinical days (NCDs) or academic days [1 day]**: This is granted according to the fellow's academic engagement (research, teaching, journal clubs etc..).

On call duty:

1. 2 weekdays and 1 weekend per month.
2. Fellows are assigned on-call at the Juravinski hospital from 17:00 pm- 8:00 am.
3. Fellows are assigned with anesthesia staff working in the OR.
4. The next day is post-call