

## Chronic Pain Fellowship Goals & Objectives

At the end of the one-year Chronic Pain Fellowship, the Chronic Pain Fellow is expected to acquire and demonstrate the following comprehensive knowledge and skills:

1. Ability to independently perform a clinical assessment of patients suffering from acute, chronic, and/or cancer pain, generate a differential diagnosis, and formulate a treatment plan.
2. Ability to clinically manage patients with concomitant psychiatric disorders and addiction issues.
3. Ability to perform targeted physical examinations relevant to pain medicine.
4. Ability to identify both normal and abnormal findings on MRI, CT, and plain x-rays related to spinal pathologies.
5. Ability to manage pain using appropriate pharmacological measures based on evidence in the pain literature.
6. Ability to counsel patients on psychological means of controlling pain.
7. Ability to counsel patients on appropriate rehabilitative exercises for common pain conditions.
8. Ability to identify the appropriate interventional technique for a patient's pain condition and to be able to discuss the expected benefits and risks, based on evidence available in the pain literature.
9. Ability to independently and safely perform common interventional pain procedures (see below).
10. Ability to utilize fluoroscopic and ultrasound guidance for interventional pain procedures.
11. Ability to conceive, design, and execute a research project in the field of pain medicine.
12. Ability to give a coherent, succinct presentation on any pain medicine topic to educate other physicians and allied health professionals.
13. Ability to document and record relevant clinical history, information, physical examination and management plan.
14. Ability to use electronic medical records to provide timely and accurate data for future clinical practice and research purposes

Weekly assignment schedule split (unevenly) into the below. This is subject to change at the discretion of the Fellowship Director.

- Subspecialty days [3 – 4 days] in Chronic Pain. Fellows are assigned one-on-one with specialty anesthesia staff.
- Service days [1 day] in the operating room performing adult anesthesia lists. Fellows are assigned to an OR list and operate independently while being covered by anesthesia staff operating in another adjacent OR
- Non-clinical days (NCDs) or academic days [1 day]: This is granted according to the fellow's academic engagement (research, teaching, journal clubs, etc.)

On-call duty – on average:

- 1 weekend per month
- Fellows are assigned on-call at the Juravinski Hospital from 5:00 pm- 8:00 am
- Fellows are assigned with anesthesia staff working in the OR
- The next day is post-call.